



**ANDREW M. CUOMO**  
Governor

## Department of Health

**HOWARD A. ZUCKER, M.D., J.D.**  
Commissioner

**SALLY DRESLIN, M.S., R.N.**  
Executive Deputy Commissioner

March 14, 2019

***CERTIFIED MAIL-RETURN RECEIPT REQUESTED***

Sara Leanne Ward, M.D.  


Re: License No. 260687

Dear Dr. Ward:

Enclosed is a copy of the New York State Board for Professional Medical Conduct (BPMC) Modification Order No. 19-052. This order and any penalty provided therein goes into effect March 21, 2019.

Please direct any questions to: Board for Professional Medical Conduct, Riverview Center, 150 Broadway, Suite 355, Albany, New York 12204, telephone # 518-402-0846.

Sincerely,



Robert A. Catalano, M.D.  
Executive Secretary  
Board for Professional Medical Conduct

Enclosure

cc: Ralph Erbaio, Esq.  


**NEW YORK STATE DEPARTMENT OF HEALTH  
STATE BOARD FOR PROFESSIONAL MEDICAL CONDUCT**

BPMC No. 19-052

IN THE MATTER OF SARA LEANNE WARD, MD, MODIFICATION OF CONSENT ORDER

This matter was brought to the New York State Board for Professional Medical Conduct (BPMC) for decision at the request of Sara Leanne Ward, MD, (Licensee), License No. 260687. Licensee was subject to BPMC Order No. 12-162 (Order), effective August 21, 2012. The Order suspended Licensee's license to practice medicine for an indefinite period of no less than 24 months. The purpose of this proceeding was to determine whether the suspension was to be terminated upon the satisfaction of a Committee on Professional Conduct of the State Board for Professional Medical Conduct that Licensee, among other things, has successfully complied with or completed a course of therapy and ongoing evaluation, and is no longer incapacitated for the active practice of medicine and that she is both fit and clinically competent to practice as a physician.

A meeting of the Committee was held in the above-entitled proceeding on November 2, 2018. Licensee appeared with her attorney, Ralph Erbaio, Esquire, before a Committee of the State Board for Professional Medical Conduct consisting of Michael J. Reichgott, MD, PhD, Chair, Ramanathan Raju, MD, and Richard S. Goldberg, LLB, JD. The Committee determined, by a unanimous decision, after review of the documents submitted for the petition and careful consideration of all evidence and testimony provided, that the suspension of Licensee's license shall be terminated and that she shall be allowed to practice medicine subject to the following conditions.

THEREFORE, IT IS HEREBY ORDERED THAT:

The suspension of the Licensee's license to practice medicine in the State of New York is terminated and that she shall be subject to the following conditions. Licensee shall cooperate fully with the Office of Professional Medical Conduct (OPMC) in its administration and enforcement of this Order and in its investigation of all matters concerning Licensee. Licensee shall respond in a timely manner to all OPMC requests for written periodic verification of Licensee's compliance with this Order. Licensee shall meet with a person designated by the Director of OPMC, as directed. Licensee shall respond promptly and provide all documents and information within Licensee's control, as directed. These conditions shall take effect upon the Board's issuance of this Order and will continue so long as Licensee remains licensed in New York State.

Licensee shall maintain active registration of her license with the New York State Education Department Division of Professional Licensing Services and pay all registration fees. This condition shall be in effect 120 days after the effective date of the Order and will continue for as long as Licensee remains licensed in New York State.

Licensee shall remain in continuous compliance with all requirements of N.Y. Pub. Health Law § 2995-a(4) and 10 NYCRR 1000.5, including but not limited to the requirements that a licensee shall: report to the Department all information required by the Department to develop a public physician profile for the Licensee; continue to notify the department of any change in profile information within 30 days of any change (or in the case of optional information, within 365 days of such change); and, in addition to such periodic reports and notification of any changes, update her profile information within six months prior to the expiration date of the Licensee's registration period. Licensee shall submit changes to her physician profile information either electronically using the department's secure web site or on forms prescribed by the Department, and Licensee shall attest to the truthfulness, completeness and correctness of any changes Licensee submits to the department. This condition shall take effect 120 days after the Order's effective date and shall

continue so long as Licensee remains a licensee in New York State. Licensee's failure to comply with this condition, if proven and found at a hearing pursuant to N.Y. Pub. Health Law § 230, shall constitute professional misconduct as defined in N.Y. Educ. Law § 6530(21) and N.Y. Educ. Law § 6530(29). Potential penalties for failure to comply with this condition may include all penalties for professional misconduct set forth in N.Y. Pub. Health Law § 230-a, including but not limited to: revocation or suspension of license, Censure and Reprimand, probation, public service and/or fines of up to \$10,000 per specification of misconduct found.

Licensee shall provide the Director of OPMC with the following information, in writing, and shall ensure that such information is kept current: a full description of Licensee's employment and practice; all professional and residential addresses and telephone numbers within and outside New York State; all current and past hospital, facility, medical practice affiliations and/or applications for such affiliations; all professional licenses held and applied for; and all investigations, arrests, charges, convictions or disciplinary actions by any local, state or federal agency, institution or facility. Licensee shall notify OPMC, in writing, within thirty (30) days of any additions to or changes in the required information. This condition shall continue at all times until the Licensee receives written notification from OPMC, Physician Monitoring Program, that OPMC had determined that Licensee has fully complied with and satisfied the requirements of this Order, regardless of tolling.

Licensee shall provide the Director of OPMC with, and ensure to keep current and effective, fully executed waivers of patient confidentiality for any prior or prospective evaluation and treatment records; these waivers shall comply with the requirements of federal confidentiality laws and regulations, including but not limited to: HIPAA, Public Law 104-191, et seq., and the laws governing confidentiality of substance abuse records, at 42 U.S.C. §§ 290dd-3 and ee-3 and 42 C.F.R., Part 2. This condition shall continue at all times until the Licensee receives written notification from OPMC, Physician Monitoring Program, that OPMC has determined that Licensee has fully complied with and satisfied the requirements of this Order, regardless of tolling.

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Licensee's failure to comply with any conditions of this Order shall constitute misconduct as defined in NY Education Law § 6530(29).

**Licensee's return to practice is subject to the probation terms in attached Document**

**A. Unless otherwise indicated, these probation terms shall remain in effect for a period lasting five (5) years from the effective date of this Order.**

**Licensee may not commence the practice of medicine in New York State until all proposed monitors have been approved in writing by the Director of OPMC.**

## DOCUMENT A – TERMS OF PROBATION

1. The period of probation shall be tolled during periods in which the Licensee is not engaged in the active practice of medicine in New York State. Licensee shall notify the Director, in writing, if she is not currently engaged in or intends to leave the active practice of medicine in New York State for a period of thirty (30) consecutive days or more. Licensee shall then notify the Director again at least fourteen (14) days before returning to active practice. Upon the Licensee's return to active practice in New York State, the period of probation shall resume and the Licensee shall fulfill any unfulfilled probation terms and such additional requirements as the Director may impose as reasonably relate to Licensee's history or as are necessary to protect the public health.
2. Licensee shall remain free from alcohol and all other mood-altering substances other than those prescribed for Licensee's treatment by a physician or other licensed health care practitioner aware of Licensee's history of substance use disorder. Licensee shall not self-prescribe any medications.
3. Licensee shall be monitored by a qualified health care professional (Toxicology Monitor) proposed by Licensee and approved in writing by the Director of the OPMC. The Toxicology Monitor shall not be a personal friend, current treatment provider or relative of the Licensee. The Toxicology Monitor shall execute an acknowledgment form provided by OPMC certifying familiarity with Licensee's history of substance use disorder, mental illness, with this Order and its terms, and acknowledging a willingness to comply with the reporting responsibilities regarding the Licensee's compliance with the terms of this Order. Licensee shall submit the name of a proposed successor within seven (7) days of learning that the approved Toxicology Monitor is no longer willing or able to serve.

- a. The Toxicology Monitor shall oversee Licensee's compliance with the terms and conditions imposed herein and shall cause to be performed forensically valid, random, directly observed, unannounced hair, blood, breath, oral fluid and/or urine tests for the presence of alcohol and other drugs in Licensee. **Licensee shall provide drug screens at a frequency of no less than six (6) times per month for the first twelve (12) months.** The drug screens must include random specific testing for the presence of Ambien (zolpidem). Additional specific testing may be added based upon information known to the Director of OPMC, at that time. The Licensee shall be called on a seven day a week basis and drug screens must include weekend and evening collections. After twelve (12) months, if Licensee has been fully compliant with this Order, a request for a reduction in the number of drug screens may be submitted for approval in writing by the Director of OPMC.
- b. The Toxicology Monitor shall notify OPMC immediately if Licensee refuses such a test.
- c. The Toxicology Monitor shall notify OPMC immediately if any drug screen reveals, or if the monitor otherwise learns, the Licensee is not alcohol/drug free.
- d. Every three (3) months, the Toxicology Monitor shall submit to OPMC a report certifying compliance with each of the terms of this Order or describing in detail any failure to comply. The quarterly reports shall include forensically valid results of all tests for the presence of alcohol and other drugs performed during that quarter.
- e. Licensee shall report to the Toxicology Monitor for routine testing **within four (4) hours** of being contacted by the Toxicology Monitor to submit a hair, blood, breath, oral fluid and/or urine specimen.
- f. Licensee shall avoid all substances that may cause positive results such as poppy

seeds/mouthwash/cough medication/hand sanitizer/herbal teas. Any positive result will be considered a violation of this Order.

g. If Licensee is to be unavailable for toxicology monitoring for a period of 15 days or more, Licensee shall notify her Toxicology Monitor and seek and receive prior written permission from the Director of OPMC subject to any additional terms and conditions required by the OPMC.

4. Licensee shall successfully complete a residency training program, shall practice only as part of a residency training program, and may only practice elsewhere following her successful completion of a residency training program. Said residency program shall be for a minimum of two (2) years. Licensee shall provide proof of successful completion of the residency training program to the Director of OPMC.

5. Licensee shall be supervised in her practice by a licensed physician (Practice Supervisor) proposed by Licensee and approved in writing by the Director of OPMC. The Practice Supervisor shall not be a personal friend, current treatment provider or relative of the Licensee. The Practice Supervisor must be on-site at all locations and must be in a position to regularly observe and assess Licensee's medical practice. The Licensee shall make available to the Practice Supervisor any and all records or access to the practice requested by the Practice Supervisor. The Practice Supervisor shall execute an acknowledgment form provided by OPMC certifying familiarity with Licensee's history of substance use disorder, mental illness, with this Order and its terms, and acknowledging a willingness to comply with the reporting responsibilities regarding the Licensee's compliance with the terms of this Order. Licensee shall submit the name of a proposed successor within seven (7) days of becoming aware that Licensee's approved Practice Supervisor is no longer willing or able to serve in that capacity.

a. The Practice Supervisor shall submit a report to OPMC every three (3) months regarding the quality of Licensee's practice, any unexplained absences from work, and Licensee's compliance or failure to comply with each condition described within this Order.

b. The Practice Supervisor shall immediately order or obtain a forensic drug screen on Licensee in response to any complaint or observation that indicates Licensee may not be drug or alcohol free.

c. The Practice Supervisor shall oversee the Licensee's prescribing, administering, dispensing, ordering, inventory and wasting of controlled substances.

d. The Practice Supervisor shall immediately report any suspected or actual impairment, refusal to provide a drug screen, inappropriate behavior, deviation from accepted standards of medical care or possible misconduct to OPMC.

e. The Practice Supervisor shall notify OPMC immediately if Licensee violates any term(s) of this Order

6. Licensee shall neither treat nor prescribe medications for herself, any friends or family members. Licensee shall only treat or prescribe medications to patients with whom she has established a legitimate doctor/patient relationship and for a legitimate medical purpose.

7. Within the first six months of probation, Licensee shall enroll in and successfully complete an in-person continuing medical education (CME) program, approved by OPMC, in the area of ethics. Additionally, within three months of the effective date of this Order, Licensee shall submit documentation to OPMC of the CME hours she reported as having taken when she testified at the Modification Proceeding. Following completion of her residency training program, Licensee shall enroll in and successfully complete a minimum of fifty (50) hours of Category 1 continuing

medical education (CME) in her practice specialty each year. Licensee shall provide written confirmation to OPMC of her completion of the CME courses.

8. Licensee shall continue in therapy with a qualified health care professional (Therapist), proposed by Licensee and approved, in writing, by the Director of OPMC. The Therapist shall not be a personal friend or relative of the Licensee. The Therapist shall execute an acknowledgment form provided by OPMC certifying familiarity with Licensee's history of substance use disorder, mental illness, with this Order and its terms, and acknowledging a willingness to comply with the reporting responsibilities regarding the Licensee's compliance with the terms of this Order. The Licensee shall cause the Therapist to submit a proposed treatment plan to OPMC. Licensee will continue in treatment with the Therapist at a frequency determined by the Therapist for as long as the Therapist determines is necessary. OPMC, at its discretion, may provide information or documentation from its investigative files concerning Licensee to Licensee's Therapist. Licensee shall submit the name of a proposed successor within seven (7) days of becoming aware that the Licensee's approved Therapist is no longer willing or able to serve in that capacity.

a. The Therapist shall submit reports to OPMC every three (3) months certifying compliance with treatment by Licensee and describing in detail any failure to comply.

b. The Therapist shall report immediately to OPMC any significant pattern of absences, any suspected or actual impairment, and any failure to comply with the treatment plan or discontinuation of recommended treatment, including any prescribed medications, by Licensee.

c. The Therapist shall notify OPMC, in writing, of any planned termination of treatment, no less than 30 days prior to such termination.

9. The Director of OPMC shall be authorized to direct the Licensee to undergo an independent evaluation by a practitioner or facility (Evaluator) approved by the Director of OPMC that specializes in alcohol/substance use disorders and/or mental illness. The Licensee shall execute authorizations to provide the Evaluator with copies of all previous treatment records and provide the Evaluator with a copy of this Order. The Licensee shall execute authorizations, and keep said authorizations active, allowing the Evaluator to obtain collateral information and communicate with the Director of OPMC or his designee. OPMC, at its discretion, may provide information or documentation from its investigation files concerning the Licensee to the Evaluator. Reports of such evaluations shall be submitted directly to the Director of OPMC. Licensee shall follow treatment recommendations made by the Evaluator. If the Evaluator determines that the Licensee is not fit to practice, the Licensee shall immediately cease practice until it is determined she is fit to resume practice. Failure to comply with the treatment recommendations will be considered a violation of this Order.

10. Licensee shall continue participation in self-help fellowship (e.g., AA, NA, Caduceus, SMART Recovery, other). Licensee shall maintain an ongoing relationship with a sponsor.

11. Licensee shall continue enrollment in the Committee for Physician Health (CPH) and shall engage in a contract with CPH that fully describes the terms, conditions and duration of a recovery program. Licensee shall fully comply with the contract.

a. Licensee shall provide a written authorization for CPH to provide to the Director of OPMC with any/all information or documentation requested by OPMC to determine whether Licensee is in compliance with the CPH contract and with this Order, including full access to all records maintained by CPH with respect to Licensee.

b. Licensee shall cause CPH to report to OPMC if Licensee refuses to comply with the contract, refuses to submit to treatment or if her impairment is not substantially alleviated by

treatment. CPH shall report immediately to OPMC if Licensee is regarded at any time to be an imminent danger to the public.

12. Licensee shall inform all treating physicians or other health care practitioners of Licensee's history of substance use disorder. Licensee shall advise OPMC, within seven (7) days, of any controlled or mood-altering substances dispensed, administered or prescribed to her by any treating physician or other health care practitioner.

13. The Director of OPMC shall reserve the right to review Licensee's professional performance. This review may include, but shall not be limited to, a review of office records, patient records and/or hospital charts (inclusive of electronic records), and interviews with or periodic visits with Licensee and staff at her practice locations or OPMC offices.

14. Licensee shall maintain legible and complete medical records that accurately reflect the evaluation and treatment of all patients. The medical records shall contain all information required by federal and state statutes, rules and regulations regarding controlled substances.

15. Licensee shall adhere to federal and state guidelines and professional standards of care with respect to infection control practices. Licensee shall ensure education, training, and oversight of all office personnel involved in medical care, with respect to those practices.

16. Licensee shall conduct herself in all ways in a manner befitting her professional status and shall conform fully to the moral and professional standards of conduct and obligations imposed by law and by her profession.

17. Licensee shall personally meet with a person designated by the Director of OPMC as requested by the Director, at a time and location determined by OPMC.

18. Should Licensee practice medicine in another state, she shall provide written authorizations for the State Medical Board and/or the Physician Health Program to provide the Director of OPMC with any/all information or documentation as requested by OPMC.

19. Licensee shall comply with all terms, conditions, restrictions and limitations to which she is subject pursuant to the Order and shall assume and bear all costs related to compliance with the Order. Upon receiving evidence of non-compliance with or any violation of the terms of this Order, the Director of OPMC and/or the Board may initiate a violation of probation proceeding and/or any other proceeding against Licensee as is authorized pursuant to the law.

This Order shall be effective upon issuance.

Dated: March 8, 2019

[Redacted]  
Michael J. Reichgott, MD, PhD  
Committee Chair  
NYS Board for Professional Medical Conduct